



Creating Hope through Action | World Suicide Prevention Day 2026

Connect. Support. Save Lives.

Vedantaa Institute of Medical Sciences, in collaboration with Vedantaa Institute of Nursing Sciences, organized world suicide prevention Day 2026 on 10th September 2026 in auditorium.

Organised by the department of community medicine and department of Psychiatry, the programme brought together students, faculty members and coordinators to promote awareness, empathy, emotional well-being and open conversations around mental health.

The programme began with the welcoming of guests and faculty members, followed by lamp lighting, coordinated by Dr. Rishab Biradar senior resident students then presented a skit on the NEET-UG examination, followed by a role play and activity coordinated by Mr. Prathamesh Katiyar, clinical psychologist, and a storytelling session by volunteer Ms. Diksha Sambre from vedantaa Institute of nursing sciences.

A special highlight was the nursing students' skit on love and affection, conveying the importance of emotional connection and supportive relationships. The programme also included the Prize distribution of the digital poster competition, with Dr. Padmakar Shinde, Dean, appreciating the creative efforts of the students.

The programme featured an insightful psychiatry talk on the science of suicide by Dr. Shalin Aghera, senior resident, department of psychiatry, highlighting the importance of awareness, understanding and timely support.

The programme concluded with a vote of thanks by Ms. Roshni Patel, acknowledging the valuable contributions of the guests, faculty members, organising committee, coordinators and students.

Organising Committee

The programme was conducted under the leadership of Dr. Padmakar Shinde, Dean, Vedantaa Institute of medical sciences.

Medical Administration: Dr. Harshada Shah, Professor, Department of Microbiology; Dr. Mukund Khandelwal, Assistant Medical Superintendent.

Nursing Leadership: Dr. Moirangthem Premabati Chanu, Principal, Vedantaa Institute of Nursing Sciences; Ms. Shefali Patel, Tutor.

Department of Community Medicine: Dr. Shreyash Gandhi, Professor & Head; Dr. Aarti Sahare, Assistant Professor; Dr. Rishab Biradar, Senior Resident.

Department of psychiatry: Dr. Suhani Desai, assistant professor; Mr. Prathamesh Katiyar, Clinical Psychologist; Dr. Shalin Aghera, Senior Resident; Dr. Ajinkya Pawar, Junior Resident.

The collective efforts of the organising committee, faculty members and students made the programme a meaningful platform for learning, expression, awareness and dialogue.

Through such initiatives, Vedantaa continues to foster an environment where mental health is approached with compassion, understanding and support.

Together, we can start the conversation.

Together, we can create hope.

Together, we can make a difference.



